

The Louisiana State Board of Medical Examiners
OCCUPATIONAL THERAPY ADVISORY COMMITTEE

Minutes of Meeting

June 9, 2023

Virtual Zoom Meeting

A meeting of the Louisiana State Board of Medical Examiners Occupational Therapy Advisory Committee, pursuant to lawful notice, was duly convened and called to order at 10:16 a.m., June 9, 2023 via Zoom virtual video and live streamed to the public on YouTube. A quorum was established. The chair verified the identity of all videoconference participants and that the audio and video were clear and audible. The chair advised that public comments could be mailed to publiccomment@lsbme.la.gov.

Members present were as follows:

- Ingrid Franc, Vice Chair
- Brenda Martin
- Carolyn Murphy
- Glynn Wallace
- Kim Solari

Also present at the Meeting:

- Dr. Vincent Culotta, LSBME Executive Director
- Patricia Wilton, LSBME Executive Counsel
- Olivia PeLong, LSBME Executive Program Specialist
- Tracy Mauro, LSBME IT Specialist
- Jacintha F. Duthu, LSBME Executive Staff Officer

Members Absent:

- Kelly Brandon
- Darbi Philibert, Chair
- Raelena Crooks
- Amy Larriviere

Old Business

- 1. Minutes of May 2023 meeting.** Minutes were reviewed. On the motion of Brenda Martin, duly seconded by Carolyn Murphy, all present voted unanimously to approve and accept the minutes of the May 12, 2023 OTAC meeting with no changes.
 - No public comment.
- 2. Old Business – COTA practitioner request for decision on Exposure Response Prevention Therapy (ERP).**
 - Glynn Wallace provided a report to the committee on research he had done on this issue. He provided background information on ERP, evidence of its efficacy,

and how the ERP process works. He highlighted components of OT education that could support ERP's use by OTs and several factors of ERP that do not support its use. These areas of concern include:

- ERP currently performed by traditional mental health professionals. These include social workers, counselors, psychiatrists and psychologists.
- There is risk of harm with use of ERP as performing an exposure may induce severe anxiety.
- As this question was posed by a COTA, the issue of finding an OT who is competent in this intervention to supervise her is also an issue.
- The Committee then had a report from Brenda Martin on ERP, who provided these points:
 - The exposure and response prevention training offered by the International OCD Foundation Training Institute offers CE credits only for psychologists, mental health counselors and social workers. The continuing education courses related to ERP which are offered by PESI do not advertise AOTA CEUs. This advertisement, while not an endorsement from AOTA, is often a good gauge of the relevance of the course to the practice of occupational therapy.
 - Per LA Medicaid guidelines, providers of TF-CBT, which has an exposure component, must be an LMHP. In LA, LMHPs are defined as psychologists, social workers, LPCs, LMFTs, licensed addiction counselors and APRNs.
 - While an occupational therapy practitioner can benefit from advanced knowledge of psychotherapy and behavioral therapies, including exposure and response prevention, these are not a primary focus of our therapeutic interventions, as our distinct value lies in the use of meaningful, purposeful activity to increase performance in ADLs, work, play, leisure, and social participation.
- After discussion by the Committee, the consensus was that the response to the inquiring COTA will be that ERP is not an appropriate standalone intervention for use by OTPs in the state of Louisiana.
- Ingrid will draft the response and send to Dr. Van and Patricia Wilton for approval.
- Dr. Van agreed that it will not need to go to the Board.
 - No public comment.

3. Old Business – Rules Revisions

- Ingrid Franc presented a draft revision of the OT/OTA supervision section of the Rules based on OTAC consensus at the May meeting. The entire section was re-reviewed and edited per member suggestions.
- The current requirement that a COTA name a supervising OT on their initial and annual licensure renewal was discussed with Ingrid pointing out that the draft Rules revisions ensure COTA supervision by an OT on a day-to-day basis. However, Patricia Wilton feels

there does need to be someone identified as the COTA's primary supervising OT. We may be able to adapt language used by the Physician's Assistants and Nurse Practitioners.

- It was agreed that the newly created section on supervision of unlicensed and temporarily licensed personnel needs more research on how other states have approached this.
 - Ingrid to assign states to each member to research.
- The members then voted on the changes made as follows:
 - Section 4925 A, B, C, D, E – Brenda Martin motioned to approve the changes, Kim Solari seconded and all present voted unanimously to approve and accept.
 - No public comment.
 - Section 8926 #'s 1&6 – Kim Solari motioned to approve the changes, Carolyn Murphy seconded and all present voted unanimously to approve and accept.
 - No public comment.
 - Section 4919 – Carolyn Murphy motioned to approve the changes, Brenda Martin seconded and all present voted unanimously to approve and accept.
 - No public comment.

4. Old Business – OTAC Membership

- Dr. Van asked for the specialty areas of each current member so that the open positions can be advertised appropriately. Ingrid pointed out that in our Rules revisions, we are eliminating the Work category due to lack of OTs employed in this area. The current specialties are as follows:
 - Administration – Raelena Crook
 - Developmental Disabilities – Darbi Philibert
 - Education – Ingrid Franc and Kelly Brandon
 - Gerontology – Carolyn Murphy
 - Mental Health – Glynn Wallace and Brenda Martin
 - Physical Disabilities – Amy Larriviere
 - Sensory Integration – Kimberly Solari
 - Assistive Technology – None currently
 - Work – None currently

Next meeting will be at 10:00 AM on Fri. July 14, 2023.

Meeting was adjourned at 12:35 PM.